

IX Crystals are incredibly giving. They share their beauty, and power, with their Keepers, seeking only to amplify humanity's best and highest potential. As you nourish your crystals, they will nourish you. Crystals fare best when they have a consistent opportunity to release information that is no longer useful. Like us, they need to rest and re-energize.

This process is called cleansing.

All crystals need to be cleansed, whether they are used in meditations, healing ceremonies, or are on display. There are many ways to cleanse a crystal. Some are listed below. Use your intuition to choose the process, and timing, that most resonates with you and your crystal companion. Set your intention to cleanse and recharge your crystal, as you prepare your preferred medium and immerse your crystal in rest.

When and how should I cleanse my crystal?

As you build a relationship with your crystal, you will tune into its needs. Be diligent. Cleanse your crystal at least four times a year during the change of seasons. Many Keepers cleanse more often, following the moon cycles. Trust your intuition. If your crystal has been under heavy use and feels "full," don't wait. It's time to cleanse.

Spring Equinox

Summer Solstice

Autumn Equinox

Winter Solstice



Moon Bath

Place your crystal where it can spend a bit of time with the moon. A new moon brings a fresh start, a new beginning. A full moon brings closure and endings. Crystals resonate with these natural moon cycles, making it one of the most popular ways to cleanse and re-charge a crystal.



Sun Bath

Light frequencies amplify the natural vibrations of crystals. Place your crystal in sunlight for a few hours. Be mindful of too much heat on bright, sunny days.



Water Bath

Fresh water from a river, lake, rain, or even the tap can absorb energies that need to be released. Immerse your crystal in a water bath overnight, or hold it under cool running water for a few minutes. Salt water will also purify crystals. Use ocean water or a mixture made from 1-2 tablespoons of salt completely dissolved in 8 ounces of water. Rinse your crystal in clear water when done.



Soil Bath

Crystals can be buried in the earth, or even in a potted houseplant. The soil allows them to recalibrate to the vibration of the earth. Let them rest for a day or even a moon cycle.



Sound Bath

A sound bath is uplifting for your crystal, and you. Use tuning forks, bells, gongs, drums, chimes or a singing bowl as you bathe your crystal in resonant sound vibrations for a few minutes. Chanting works great too.



Smoke/Smudging

A traditional method in many cultures is to smudge the crystal with smoke. Burn incense (frankincense, copal, palo santo, sandalwood) or herbs (sage, sweetgrass, cedar or juniper) in a small fireproof container. Use your hands or a feather fan to disperse the smoke around your crystal. The smoke will also clear the energy of the room.



Crystalline Bath

Crystals can regenerate by being placed on other crystals such as Selenite for 24 hours. Crystal clusters such as Blue Kyanite, Clear Quartz, Citrine or Amethyst are also options.



Plant Oils, Flower Essences & Crystal Sprays

Crystals may be carefully passed through vaporized essential oils such as frankincense, sage or juniper. Crystal cleansing sprays made from flower essences are also readily available.



Breath/Meditation

Intentional breathing through meditation or a healing art is another cleansing technique. As you breathe, imagine a ray of white or golden light passing through your crystal, collecting what is no longer needed, and moving it back into the Universe.

NOTE: All IX Crystals come with a cleansing guide. For your personal collection, double-check that the method is appropriate for your particular crystal. A few types of delicate crystals will fade in sunlight. Others should not get wet.